

13 Av 5770/24th July 2010

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Moshe Dubiner

Parashat Va'etchanan Shabbat Nachamu

Hertz Cohen Stone Gutnick

Sedra	755	1008	958	1146
Haftarah	776	1028	1196	1470



Shabbat 8.48pm
Shabbat ends 10.00pm

Thoughts on the Parashat— Alan Goldberg

This week's parasha Va'atchanan contains the verses we leyn on Tisha B'Av (last Tuesday). The penultimate verse from the leyning Tisha B'Av morning is:

You shall know this day and take to your heart that Hashem, He is G-d in heaven above and on the earth below --- there is no other *Devarim 4:39.*

The verse should be familiar to most of us as the last sentence of the first paragraph of the Aleinu Prayer with which we end our services. However, we could be forgiven for not noticing it, as by the time we get to the end of the Shabbat Service our minds have probably moved on to Kiddush or other matters. So as we will have heard it twice from the Torah and three times today from the Siddur it seems appropriate to take a closer look.

Rabbi Yerucham Levovitz, known as 'The Mashgiach' by his students, was Rosh Yeshiva in Mir Yeshiva in Poland early last century. He says that Hashem is both the creator of light and *darkness*, there is but one G-d, there is no other. One can understand that when everything is going well and the light of contentment shines on us, we are in state of elation looking up at heaven, it is easier to praise and thank Hashem in the 'heavens above'. However, when one is heavy of heart and things are not going well, one feels downtrodden and trampled under foot in the '*darkness of the earth below*'. It is at these times we question our belief and find difficulty in having faith.

But by taking Hashem to our hearts and believing, if not understanding, we will find a way to praise him at all times. A prime example is the great Rabbi Akiva. We are told (Talmud Makot 24b) that when others wept as they saw foxes walking over the ruins of the temple, he smiled. He believed that the prophecies of the Prophet Zechariah, of the rebuilding of Jerusalem, would be certain to be fulfilled, and indeed today '*old men and old women sit in the streets of Jerusalem...and the City will be full of boys and girls playing in the street*' (Zechariah 8:4-5).

Long may they continue to do so.

Shabbat Shalom

Alan Goldberg

Next Shabbat - Eikev

30th—31st July 2010

Commences 8.38pm Mincha & Kabbalat Shabbat 7.15pm

Announcements

A hearty Mazal Tov to Samantha West and Alon Shulman on their forthcoming marriage and to parents Valerie & Graham West and Emma & Neville Shulman.

Emma & Neville Shulman have great pleasure in inviting you to Kiddush after the service to celebrate.

Breakfast Sponsor

Breakfasts for the morning Minyan this week are kindly sponsored by Malcolm Cohen of our daily Minyan in memory of his father Joseph Cohen z"l

Birth Announcement—Mazal Tov

To Linda Sharpe on the birth of a granddaughter and to proud parents Melanie & Saul Nurtman

Bar Mitzvah—Mazal Tov

To Rev. Moshe & Maureen Dubiner on the Bar Mitzvah of their grandson Daniel Gaunt and to parents Mr. & Mrs. Peter Gaunt

Birthdays—Mazal Tov to:

Daniel Feldman	Isaac Davidson
Mark Pasha	Laura Richenberg
Rachael Stollar	Danielle Lipton
Jane Shasha	Georgina Brecker
Simone Davidson	Joanne Lindsay
Roslyn Braun	Susan Truman
Albere Rouach	Wendy Sage
Georgina Spencer	Wendy Kremen
Sara Nash	Pamela Harris
Lawrence Drizen	Esther Drizen
Pamela Kalma	Leonard Carson
Bell Brooks	Edgar Berg
Maurice Shore	

Wedding Anniveraries—Mazal Tov:

Dalya & Graham Shear
Sheilagh & Tony Ross
Pamela & Michael Harris

Refuah Shleimah

Peggy Davis	Pessa Rachel bat Yosefa
Sally Whyte	Sara bat Elisheva
Lisbeth Morgan	Chaya bat Miriam
Gala Colover	Chana bat Yehudit
M.A.	Devorah bat Yocheved
Mrs. J. Weider	Bilhah bat Yaffa Sheindel
Aitan Cobb	Aitan Gavriel ben Shulamit
	Aviva
Gerald Bloomberg	Yosef ben Devorah
Sinai Jemal	Sinai Ezra ben Tova Hacoheh
Nat Winsor	Noah ben Miriam Chaya
Father of Rita Woolf	Ezra ben Rosa
Seymour Freed	Shmuel Zeev ben Sara Rivka

Friday 23rd July

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau
7.15 pm Mincha, Kabbalat Shabbat & D'var Torah by Rabbi Rosenfeld

Shabbat 24th July

- 8.45 am Shiur with Ervin Landau
9.15 am Shacharit
8.30 pm Pirkei Avot Study Session by Alan Lee & Stanley Simmonds
9.00 pm Mincha, Seudah Shlishit, sponsored by Joseph Shavleyan of our weekday Minyan in loving memory of his brother Ben-Hur ben Gershon z"l, & D'var Torah by Rabbi Rosenfeld
10.00 pm Maariv & Havdalah

Sunday 25th July

- 8.30 am Shacharit followed by breakfast & D'var Torah
New Term Begins September Cheder **Aged 4—12 years.** Contact Rabbi Rosenfeld for further information on 07811202244 or email rabbilr@marblearch.org.uk or Miriam Kaye marblearchcheder@hotmail.com

Monday 26th July—

- 7.30 am Shacharit followed by breakfast & D'var Torah by Michael Milston

Tuesday 27th July

- 7.30 am Shacharit followed by breakfast & D'var Torah by Rabbi Yosef Vogel

Wednesday 28th July

- 7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

Thursday 29th July

- 7.30 am Shacharit followed by breakfast. & D'var Torah

Friday 30th July

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

Mincha & Ma'ariv through the week
Sun 25th—29th July 7.15pm

Kiddush Rota

Ruth Hanbury. Avril Jaque. Emma Nordern. Linda Sharpe

We thank Rev. Ari Cohen of the West End Great Synagogue for Leyning for us on weekdays in August

Western Marble Arch Synagogue has disabled facilities

Our Website: For full details of times of services and events by month, go to www.marblearch.org.uk

FOR YOUR INFORMATION

Monday Shiur for Ladies

We are taking a summer break until our next Shiur Monday 6th September, 2010

Shabbat Pirkei Avot Study Session

Alan Lee and Stanley Simmonds are looking at the timeless wisdom of the 'Ethics of the Father'. This is taking place each Shabbat afternoon half an hour before Mincha and is open to men and women.

Rosh Hashana Children's events

We are planning events for children this Rosh Hashanah and need your help. No committees, no long meetings, short decision time, no ongoing involvement. We just need help to provide a great new year for our children. If you can help please call the office with your details and together we'll get the show on the road!

Temporary Seats

PLEASE REMEMBER TO CONTACT THE SYNAGOGUE OFFICE TO ORDER YOUR EXTRA SEATS FOR FAMILY AND FRIENDS FOR THE CHAGIM

Communal Dinner and Evening with Santa Sebag Montefiore— 2nd November 2010

Join us for our first communal function of the New Year in support of ovarian cancer. Watch this space for more details.

Art Exhibition

We currently have space in the Bloomstein Hall for an exhibition of art or photographs. If you would like to hold an exhibition of either please contact the office for more details.

Marketplace - What do you need?

IT solutions	Property Management
White Goods and Appliances	Makeup Artist
Audio Books	Oriental Carpets
Printing	Shoes
Solicitor	Travel
Over 50's showcase	Dentist
Commercial Property Investment	Charity Shop
Airport Transfers and Private Chauffeur service	
It's all on www.marblearch.org.uk/marketplace	

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