

**Parashat Shelach-Lecha Shabbat Mevarchin**

Hertz Cohen Stone Gutnick

Sedra	623	860	798	940
Haftarah	635	875	1184	1451



Shabbat 8.57pm  
Shabbat ends 10.17pm

**"BERESHIS BARAH ELOHIM"**

"Bereshis barah ElohiM" means "In the beginning God created." These are the first three words of the Torah. Translated word by word you get Bereshis (beginning)barah (created) Elohim (God.) The first Hebrew letter of Bereshis is **bet** and the last Hebrew letter of ElohiM is **mem**. The first and last letter, the **bet** and the **mem**, in my opinion, act like book-ends to these three words and hold everything in.

Are these two letters at the beginning and at the end of the first three words of our Torah in some way symbolic? I think they are and I have a theory.

The **bet** of Bereshis is for abba (father) - The **mem** of ElohiM is for imma (mother). Each word has one consonant. Each consonant requires a vowel to be viable or properly heard. Abba and imma have a vowel on either side of their single consonant - abba (alef **bet** alef)and imma ( alef **mem** alef) and it stands like a soldier protecting its charges the **bet** and the **mem**.

The Hebrew letter alef is the first letter of the Hebrew alphabet

Alef corresponds to the number 1.

God is **ONE**.

God is the parent of creation and we are the children of our parents who are God's children and God created all of us in His image. God protects his children and the parents of his children. God protects us and all that ever was, is and ever will be. We are all part of creation and without our Creator the **ONE** and only God, we could not exist.

God surrounds and is part of everything and this is beautifully illustrated by the alef that surrounds and makes up the words abba and imma.

The **bet** comes first in the sentence "Bereshis Barah ElohiM." The **mem** comes last because man must first give his seed to woman before life can begin. Once this exercise is complete, the role of man ends and woman then takes over, fertilises and holds the seed she receives. Inside her body 1 single living cell divides and multiplies again and again, develops and grows until finally, miraculously, many months later, this 1 cell is transformed into a baby.

Without God surrounding the mother and father, this would not have happened because nothing could have been created without Him. In the words "Bereshis barah ElohiM" we see also that creation and all that God created (barah)is at the centre of everything.

"Bereshis Barah ElohiM – In the beginning God created". I share with you what I read into these first three words of our Torah. I may be wrong or I may be right but does this matter? If these three words can make me think deeply, if they can make me hungry for enlightenment, if they can inspire me to search, to question and more importantly to learn, how much more will you or I be able to glean from all the other words that are written in our beautiful bible?

Shabbat Shalom  
**Beverly**

**Announcements**

**A warm welcome to Chazan Moshe Dubiner who is with us this Shabbat**

**and to Rabbi Seth Farber who will be our Scholar in Residence this Shabbat**

**Kiddush Sponsor**

Adena & Daniel Conway invite the congregation to Kiddush after the service in memory of Daniel's parents Rosita & Lionel Conway z"l

**Breakfast Sponsor**

Breakfasts for the morning Minyan this week are kindly sponsored by Wendy & Philip Kremen to commemorate the Yahrzeits of Wendy's mother Malka Braverman z"l and Philips mother Fay Kremen z"l

**Special Birthday Wishes—Mazal Tov**

To Chazan Moshe Dubiner from the whole Kahilla

**Birthdays—Mazal Tov to:**

Isabella Goldblatt	Victoria Goodman
Seth Rayden	Alexander Shayle
Samuel Ziff	Charles Lassman
Paul Rayden	Yvonne Landau
Suzette Steckelmacher	Nicholas Balcombe
Adrienne Trim	Trevor Waterman
Philip Cymburg	Roy Durban
Anthony Ross	Bernard Diamond
Eva Roth	Michael Milston

**Wedding Anniversaries— Mazal Tov**

Georgina & Michael Djanogly  
Renata & Henry Knobil

**Refuah Shleimah**

Father of Rita Woolf	Ezra ben Rosa
Samuel Djanogly	Hayeled Shmuel Gad Asher ben Esther Chanah
Leonard Roodyn	Chaim Eliezer ben Malka
Seymour Freed	Shmuel Zeev ben Sara Rivka
Gala Colover	Chana bat Yehudit
M.A.	Devorah bat Yocheved
Tilly Rosenblatt	Golda Esther bat Rivka Rachel

**Condolences**

To Geoffrey & Michael Lewis on the passing of their mother Ety Lewis z"l  
To Maurice Collins on the passing of his wife Doreen Collins z"l

**Next Shabbat - Korach Rosh Chodesh Tammuz**

11th—12th June 2010

Commences 9.03pmpm Mincha & Kabbalat Shabbat **7.15pm**

### Friday 4th June

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau  
7.15 pm Mincha, Kabbalat Shabbat & D'var Torah by Rabbi Seth Farber

### Shabbat 5th June

- 8.45 am Shiur with Rabbi Seth Farber  
9.15 am Shacharit  
9.00 pm Mincha, Seudah Shlishit & D'var Torah by Rabbi Seth Farber  
10.17 pm Maariv & Havdalah

### Sunday 6th June

- 8.30 am Shacharit followed by breakfast & D'var Torah  
10.00 am Cheder **Aged 4—12 years**. Contact Rabbi Rosenfeld for further information on 07811202244 or email rabbilr@marblearch.org.uk

### Monday 7th June

- 7.30 am Shacharit followed by breakfast & D'var Torah by Michael Milston  
10.30am Shiur for Ladies with Stanley Simmonds

### Tuesday 8th June

- 7.30 am Shacharit followed by breakfast & D'var Torah by Rabbi Yosef Vogel

### Wednesday 9th June

- 7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

### Thursday 10th June

- 7.30 am Shacharit followed by breakfast & D'var Torah by Bernard Silver

### Friday 11th June

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

Mincha & Ma'ariv through the week  
Sun 6th — Thurs 10th June 7.15pm

### Western Marble Arch Synagogue has disabled facilities

You can contact Rabbi Lionel & Natalie Rosenfeld at:  
rabbilr@marblearch.org.uk

Tel: 020 7535 0458 mobile: 07811202244

**Our Website: For details of times of services and events, go to [www.marblearch.org.uk](http://www.marblearch.org.uk)**

## FOR YOUR INFORMATION

### Monday Shiur for Ladies

Next Shiur Monday 7th June at 10.30am - will be given by Stanley Simmonds

### Shabbat 4th/5th June—Scholar in Residence Rabbi Seth Farber

Rabbi Farber is described as "modern, intelligent and very active to fight extremism". He has his own congregation in Ra'anana and is head of the Israeli Charity ITIM which provides assistance to those secular Israelis who want an understanding of and access to the Jewish life cycle

### Sunday 13th June 11.00am Annual General Meeting in the Bloomstein Hall

**Please join us as there are number of important issues to be discussed, including the extension of postal voting**

### Thursday 17th June at 10.00am. Tiny Tot Thursdays for Yummy Mummies

Come along to our new playground for 0—3 years and meet new friends. Toys, music and refreshments will be provided.

### Tuesday 22nd June 2pm—5pm The Archers 'Midsummer Madness'

An afternoon of Old Time Music Hall - featuring The Top Hat Players and a bumper tea, sponsored by the Israel Discount Bank. Join us with your friends for what will be a most enjoyable afternoon

### Rosh Hashanah Brochure 2010

Please let the office have copies of articles of interest and your favourite recipes (in word format) for inclusion in this year's brochure.

### Marketplace - What do you need?

IT solutions	Property Management
White Goods and Appliances	Makeup Artist
Audio Books	Oriental Carpets
Printing	Shoes
Solicitor	Travel
Over 50's showcase	Dentist
Commercial Property Investment	Charity Shop
Airport Transfers and Private Chauffer service	

It's all on [www.marblearch.org.uk/marketplace](http://www.marblearch.org.uk/marketplace)

### Support Your Community