

9th Sivan 5770/22nd May 2010

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Moshe Dubiner

Parashat Naso

Hertz Cohen Stone Gutnick

Sedra	586	814	748	876
Haftarah	602	835	1181	1446



Shabbat 8.40pm
Shabbat ends 9.56pm

NON VINO EST VERITAS ?????

I suspect that if they had a smattering of Yiddish in biblical times, the phrase "Es is shwer tzi sein a Nazarite" would have often been heard in the tents of Israel. He mustn't take wine, nor indeed anything made from grapes, nor have a hair-cut, presumably so that thoughts of physical vanity should be expunged, nor come in contact with the dead, and also be fastidious in his preparation of various offerings, all of which were clearly designed to make him holier than thou, than they, or indeed anybody.

The precise wording of the instruction against wine to one who takes the vow of the Nazirite is "He must abstain from wine and other fermented drinks, and must not drink vinegar made from wine or from other fermented drink. He must not drink grape juice or eat grapes or raisins" is not unusual.

Aaron had been told "You and your sons are not to drink wine or other fermented drink whenever you go into the Tent of Meeting or you will die. This is lasting ordinance for the generations to come"

In Judges we read "Now see to it that you drink no wine..."

In Isaiah "woe to those who rise early in the morning that they may pursue strong drink after staying up at night till they are inflamed with wine.."

In Proverbs "Wine is a mocker, and Beer a brawler. Whoever is led astray by them is not wise". Concern from our Kiddush Lovers?

But all is not lost, for there is a balance.....

The Kiddush Prayer speaks for itself.

Ecclesiasts tells us "Go eat your food with gladness, and drink your wine with a joyful heart"

Psalms 102 "He maketh the grass to grow for the cattle, and plants for man to cultivate, bringing food from the earth and wine that gladdens the heart of man"
Amos "I will bring back my exiled people of Israel, they will plant vineyards and drink their wine. The hills will drip sweet wine..."

And finally to assuage any doubt again to Isaiah for "Come all you who are thirsty, buy wine and milk, without money, and without cost"

Shabbat Shalom, and L'Chayim,

BARRINGTON BLACK.

Announcements

Kiddush Sponsor

The Honorary Officers and Board of Management invite the congregation to Kiddush after the service

Breakfast Sponsor

Breakfast for the morning Minyan this week are kindly sponsored by Gary Hershman in memory of his aunt, Sala Steppel z"l (Sarah Malka bat Zvi z"l)

Seudah Shlishit Sponsor

Seudah Shlishit is kindly sponsored this week by Joseph Shavleyan, of our weekday Minyan, to mark the Yahrzeit of his brother Benhur ben Gershon z"l

Birthdays—Mazal Tov to:

Ralph Levy	Simon Buchler
Benjamin Kaye	Paul Singer
Mark Mishon	Lynda Rapport
Stuart Creggy	Gerald Ronson
Renata Knobil	Melvin Freedman
George Rothschild	

Wedding Anniversaries— Mazal Tov

Elarna & Daniel Mintz
Barbara & Alan Goldberg
Michelle & Adam Cedar
Jane & David Kaye
Jocille & Paul Cohen
Morris & Sylvia Keston

Reffuah Shlemah

Father of Rita Woolf	Ezra ben Rosa
Samuel Djanogly	Hayeled Shmuel Gad Asher ben Esther Chanah
Leonard Roodyn	Chaim Eliezer ben Malka
Seymour Freed	Shmuel Zeev ben Sara Rivka
Gala Colover	Chana bat Yehudit
M.A.	Devorah bat Yocheved
Tilly Rosenblatt	Golda Esther bat Rivka Rachel
Kenneth Brown	Akiva Ben Shmuel

Condolences

To Jacqueline Eppel and family on the passing of her father Cyril Morris z"l

Next Shabbat - Beha'alotcha

28th—29th May 2010

Commences 8.49pm Mincha & Kabbalat Shabbat 7.15pm

Friday 21st May

7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau
7.00 pm Mincha, Kabbalat Shabbat & D'var Torah by Rabbi Lionel Rosenfeld

Shabbat 22nd May

8.45 am Shiur with Ervin Landau
9.15 am Shacharit
8.45 pm Mincha, Seudah Shlishit & D'var Torah by Rabbi Lionel Rosenfeld
9.56 pm Maariv & Havdalah

Sunday 23rd May

8.30 am Shacharit followed by breakfast & D'var Torah by Alan Goldberg
10.00am Cheder **Aged 4—12 years.** Contact Rabbi Rosenfeld for further information on 07811202244 or email rabbilr@marblearch.org.uk

Monday 24th May

7.30 am Shacharit followed by breakfast & D'var Torah by Michael Milston
10.30 am Ladies' Shiur with Rabbi Lionel Rosenfeld

Tuesday 25th May

7.30 am Shacharit followed by breakfast & D'var Torah by Rabbi Kraus

Wednesday 26th May

7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

Thursday 27th May

7.30 am Shacharit followed by breakfast & D'var Torah by Bernard Silver

Friday 28th May

7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

Mincha & Ma'ariv through the week
Sun 23rd—Thurs 27th May 7.15pm

Western Marble Arch Synagogue has disabled facilities

Hearing Assistive Loop System

The Synagogue is pleased to have installed a loop system for the benefit of hearing aid users. Please set your hearing aid to the 'T' setting to access this service

You can contact Rabbi Lionel & Natalie Rosenfeld at:
rabbilr@marblearch.org.uk

Tel: 020 7535 0458 mobile: 07811202244

Our Website: For details of times of services and events, go to www.marblearch.org.uk

FOR YOUR INFORMATION

Sunday May 23rd – Community Fun Run

Rabbi Rosenfeld is running 10 km in support of Jewish Blind & Disabled. Please contribute to his effort by donating on line at:

www.justgiving.com/rabbillionelr

or by calling JB&D on **020 8371 6611**

Rabbi Rosenfeld's Monday Shiur for Ladies

Next Shiur Monday 24th May at 10.30am

Thursday 27th May at 10.00am. Tiny Tot Thursdays for Yummy Mummies

Come along to our new playground for 0—3 years and meet new friends. Toys, music and refreshments will be provided.

Tuesday 22nd June 2pm—5pm The Archers 'Midsummer Madness'

An afternoon of Old Time Music Hall - featuring The Top Hat Players and a bumper tea. sponsored by the Israel Discount Bank. Join us with your friends for what will be a most enjoyable afternoon

Rosh Hashanah Brochure 2010

Please let the office have copies of articles of interest and your favourite recipes (in word format) for inclusion in this years brochure.

JNF Mission to Israel

A new forest of 25,000 trees is being planted in the Jerusalem foothills by the JNF in honour of the Chief Rabbi Lord Sacks. A special mission to dedicate the forest accompanied by the Chief Rabbi will be taking place 15-17 June. To find out more about this project and to join the mission places call the JNF on 020 8732 6100 or email them via their website www.jnf.co.uk.

Cheder at Western Marble Arch Sunday 10.00am-12.30pm

Last week in cheder we learnt about Shavout. We looked at why we celebrate it, the 10 commandments using different creative styles. The children continued to enjoy their weekly classes involving Hebrew reading and writing.

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Printing	Shoes
Solicitor	Travel
Over 50's showcase	Dentist
Commercial Property Investment	Charity Shop
Airport Transfers and Private Chauffeur service	

It's all on www.marblearch.org.uk/marketplace

Support Your Community