

7th Sivan 5769/30th May 2009

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Rev. Moshe Dubiner

Shabbat & Second Day Shavuot

	Hertz	Cohen	Stone	Gutnick		
Sedra	810	1067	1012	1218		Shabbat Begins 8.51pm
Haftarah	1032		1229	1523		Shabbat ends 10.09pm
Maftir	696	946	892	1064		

Preparing "Eruv Tavshilin" this Thursday afternoon

What is Eruv Tavshilin? Cooking on Yom Tov for Yom Tov is permitted, but cooking ahead for other days of the week is not. This poses a problem when the second day of Yom Tov falls on Shabbat, as this year when the 2nd Day of Shavuot falls on Shabbat May 30th. So, to allow us to prepare ahead on Yom Tov for Shabbat (when we cannot do any cooking), we employ a Rabbinical formula known as "**Eruv Tavshilin**" meaning "a Mixture (Eruv), of Cooked Foods" (Tavshilin).

Method: On Thursday afternoon (well before Yomtov) we make up a plate with Challah or Matzah plus a cooked food - a hard-boiled egg - or fish or meat - and designate them for Shabbat by reciting the following blessing and declaration:

Blessing: *Baruch Ata Ado... Eloheinu Melech Ha'olam, asher kid'shanu b'mitzvotav, v'tzivanu al mitzvat Eruv.* ("Blessed are You Lord our G-d King of the Universe, who has sanctified us with His commandments and commanded us concerning the mitzvah of Eruv.") **Declaration:** *By virtue of this Eruv we shall be permitted to bake, cook, keep food warm, carry, light candles and to prepare and do on the Festival all that is necessary for the Shabbat.*

It is now considered as if we had begun meal preparations for the Sabbath before Yomtov, and we can now prepare for Shabbat on first day of Shavuot - Friday. But remember to eat on Shabbat from the plate prepared (often at Se'udah Shlishit- the Shabbat evening meal before sunset).

Chag Sameach! Rabbi Lionel Rosenfeld

What do Rabbi Lionel & Mickey Mouse have in common?



The answer is that they were both at The Haberdashers' Askes Boys' School, Elstree, for Community Fun Run Day on a blistering hot Sunday morning - but only one of them was running 10km, and it was not Mickey.

That's right....our very own Rabbi Lionel donned his Western Marble Arch cap (never one to miss an opportunity to promote our Shul) and set off to raise funds for Jewish Blind & Disabled. So far he has raised in excess of £3000. (Donations can still easily be made by logging on to www.justgiving.com/rabbiionelrosenfeld)

Lionel shunned the option to run the shorter 5km course, instead choosing the arduous 10km run. He set off with about 500 runners of all ages to run 2 laps of the winding course. The end was thrilling. The adrenalin was obviously flowing as Lionel sprinted the last 100 meters down the gentle tarmac slope to the finish to receive his medal, a banana and a bottle of water. What was his time? An amazing 1 hour and 3 mins. Well ahead of many others in the field.

Chag Sameach Steven Truman

Next Shabbat Naso

5th - 6th June 2009

Commences 8.58pm Mincha & Maariv 7.15pm

Announcements

TIKKUN LEIL SHAVUOT, Thursday Evening May 28th

We thank all of you who have contributed to our Shavuot study, including:

Rev. Ari Cohen Alan Goldberg. Stanley Green. Henry Knobil. Beverly Miller. Robbie Sherman. Stanley Simmonds.

Kiddush Sponsor

Yvonne & Ervin Landau invite the congregation to Kiddush after the Service this Shabbat

Breakfast Sponsor

Breakfasts this week for the morning Minyan are kindly sponsored by Ruth & Albere Rouach

Birthdays— Mazal Tov:

- | | |
|------------------|--------------------|
| Andre Khodari | Victoria Goodman |
| Daniel Remo | James Remo |
| Theodore Rayden | Kiera Newmark |
| Jessica Truman | Alexander Balcombe |
| Mark David | Damian Soning |
| Jonathan Plaut | Paul Rayden |
| Carolyn Mishon | Stephen Factor |
| Michael Goodman | John Slade |
| Jonathan Lassman | Selwyn Midgen |
| Trevor Waterman | Philip Cymberg |
| Morris Keston | Anthony Ross |
| Gladys Daniels | |

Wedding Anniversaries—Mazal Tov

- Alexandra & Elliot Lipton
- Fiona & Gabriel Stein
- Rica & Wade Newmark
- Maureen & Michael Redman Schaffer
- Renata & Henry Knobil

Condolences

To Valerie Gee on the passing of her sister Anita Guise z"l

Refuah Shlemah

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|---------------|--|
| Seymour Freed | Shmuel Zeev ben Sara Rivka |
| Gala Colover | Chana bat Yehudit Asher Mordecai ben Shifra |
| Nat Winsor | Noach ben Miriam Chayah Shira bat Leah Rivka Bat Chava |

We wish a special chayim arukim to Edward Woolf who is commemorating the 20th Yahrzeit of his father Horace Woolf z"l this Shavuot

Friday 29th May 1st Day Shavuot

3.01 am Early Shacharit
9.15 am Shacharit
7.15 pm Mincha & Maariv

Shabbat 30th May 2nd Day Shavuot

9.15 am Shacharit
10.45 am Yizkor (Time approximate)
9.00 pm Mincha, Seudah Shlishit & D'var Torah by Rabbi Lionel Rosenfeld
10.09 pm Maariv & Havdalah

Sunday 31st May

8.30 am Shacharit followed by breakfast and Thought for the Day by Alan Goldberg
10.00 am Cheder **Aged 4—12 years**. Contact Batsheva Burns for further information on 0796 88 555 96 or email cheder.marblearch@gmail.com

Monday 1st June

7.30 am Shacharit followed by breakfast and D'var Torah by Michael Milston
10.30 am Parsha Shiur for Ladies by Rabbi Rosenfeld

Tuesday 2nd June

7.30 am Shacharit followed by breakfast Shiur by Rabbi Yosef Vogel

Wednesday 3rd June

7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

Thursday 4th June

7.30 am Shacharit followed by breakfast and D'var Torah by Bernard Silver

Friday 5th June

7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

**Mincha & Ma'ariv through the week
Sun 31st - Thurs 4th June 7.20pm**

Security Rota

Jacob Lyons. Albere Rouach

You can contact Rabbi Lionel & Natalie Rosenfeld at rabbilr@marblearch.org.uk
Tel: 020 7535 0458, mobile: 07811202244

Our Website: For details of times of services and events, go to www.marblearch.org.uk

FOR YOUR INFORMATION

Rabbi Rosenfeld's Parsha Shiur for Ladies

Next Shiur Monday 1st June at 10.30am

Monday 15th June at 7.45pm R.B. Kitaj—The Controversial Artist

Join us to find out more from our speaker **Patricia Utermohlen** a recognised art historian. Patricia studied Renaissance at London University. She gained her MA from the University of Massachusetts having specialised in Modernism. On her return to the U.K. Patricia was invited to teach the history of art covering the 19th and 20th centuries at Syracuse University, London programme and continues to teach there. In addition she currently runs her own Fine Arts programme, at her studio in Little Venice, devoted to art exhibitions currently being shown in London. Please join us for this very interesting event.

Sunday 21st June Salsa Evening for the 20's—40's at 7.30pm

Join us for this fun event which will include dancing lessons, buffet supper and summer cocktails. Contact the office on 020 7723 9333 or email office@marblearch.org.uk to reserve your place. Please note bookings must be made prior to the event.


Friday 3rd July Date for your Diary 35—55'sssss Elegant Friday Night Dinner

Further details to follow, but keep this date free for this chic fun event.

Rosh Hashanah Magazine/Brochure

We welcome your contributions and/or photographs for the Rosh Hashanah Magazine that we are beginning to compile. Please send your articles etc via email to maureen@marblearch.org.uk or post them to the office

Market Place at WMA—Exclusively for WMA Members

 A great new addition to our website has been launched ... **Market Place**, an opportunity for our members to support each other in these economically challenging times. Whatever business you are in let us know by emailing marketplace@marblearch.org.uk so we can include your listing free on the web site. Whatever you need to buy from a fridge to a flight check the website first and support our members. Our web page can be found at www.marblearch.org.uk/marketplace.html Organised and updated by Steven Truman & Jonathan Abro.

Sponsoring an Event

If you are celebrating a Simchah or commemorating a family Yahrzeit or if you are just feeling generous please consider contacting the office and sponsoring a Shabbat Morning Kiddush, the Morning Minyan breakfasts or the weekly Newsletter.