

13th Shevat 5769/7th February 2009

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Rev. Moshe Dubiner

**Parashat Beshalach Shabbat Shirah**

Hertz Cohen Stone Gutnick Shabbat Begins 4.44pm

Sedra 265 407 366 422 Shabbat ends 5.49pm

Haftarah 281 434 1152 1404



**"Free Love" by Trevor Waterman**

I was fifteen years old and ready to take on the world when I left my Liverpool home early one winter morning in 1955 and caught the first train to London. I had not told my parents or my siblings that I was leaving; however, I left each of them a note explaining my departure.

I was going to make Aliyah and joined a training farm owned by the Jewish Agency at Hatfield Heath on the Essex Hertfordshire border.

I arrived at the Dower House Farm with 12 other young boys and girls from London, Leeds, Manchester, and one or two from Belgium and France. This was 1955 and although the war had been over for 10 years there were still displaced people trying to find lost families and making their way to Israel.

On the farm we were all given Hebrew names, mine was Tuviah. Our mornings were spent working on the farm and in the house and in the afternoons we had lessons. Our Kibbutznik teacher, Dan was a lovely man together with his wife were sent to the UK by the head office of Hashomer Hatzair. Dan taught us about Jewish and Israeli history, a great deal about Marxism, quite a bit about the Soviet Union and he attempted to teach us Ivrit.

Quite often a big truck would arrive with shirts, sweaters, coats and other clothing all courtesy of Marks & Spencer's. Sometimes we had a visit from the Jewish Agency to "make sure we were all behaving in a correct manner".

I took to the life like a duck to water. I loved being with people of my own age, learning new skills, being taught about politics, art and music. We often sang and danced in to the early hours of the morning. Nevertheless, we were still able to get up at the crack of dawn to work on the farm.

We had to learn how to cook for 20 to 30 people, clean the house, mend socks and iron clothes. The most important lesson that I learned was how to get on with my peers. I found out very quickly that what I thought was important, was for others totally irrelevant. Later, these skills became very important and to this day I am grateful for all that I learned from the others.

Our nearest Jewish neighbours were the members of the Religious Zionist Bachad Movement at Thaxted. They would visit our farm and eat at our table because they could trust us. We would provide paper plates, salad, vegetarian food and fruit and they brought their own cutlery. It was strange that we were on opposite sides of the Jewish spectrum and yet there was never any suggestion of the need for either side to alter their individual ideology.

Every summer Hashomer Hatzair would bring a group of Jewish children who were members of the youth movement to stay on the farm for a week and experience the rural life. For some, this was the first time that they had seen cows, horses and tractors. One morning when the children were having breakfast and I had just come in having finished milking our herd of pedigree Friesian cows one of the girls said "I feel very sick". An hour later, six or seven of the children were in bed and were all showing the same symptoms. Our local doctor arrived immediately quarantined the farm because of Asian Flu. Soon, all of the children were infected along with their two group leaders. None of us had had any experience in dealing with what turned in to a mini epidemic but we had little to fear. The cavalry was on its way in the form of the WI. They took over the nursing, cooking and all other aspects of the cottage hospital. They were just wonderful. The quarantine stayed in place for three weeks and eventually I succumbed to the Asian flu. It was a very nasty and took some time to get over.

When we had all recovered I drove to see the lady from the WI who was in charge to say thank you and take her a gift from us all. We had tea and talked about the flu and I asked her to thank all her colleagues.

There is no need to thank us she said...we had been dying to get into your farm for some time now because we all thought that you were practising *Free Love!* Could this be a prelude to the sixties? I had been there for 4 years and I never saw any *Free Love!*

Soon after that I was on my way to Israel, but that's another story.

Shabbat Shalom  
Trevor

## Announcements

### Kiddush Sponsor

The Honorary Officers and Board of Management invite the congregation to Kiddush after the service in honour of Seymour Freed and we all wish him well in his new home

### Breakfast Sponsor

Breakfasts this week are kindly sponsored by Robin Summers in thanks to the daily Minyan and community at large for the hospitality he received while saying Kaddish

### Birth Announcement

Mazal Tov to Annabelle & Bruce Josyfon on the birth of their first child—a son and to grandparents Yvonne Sherrington, Hugh Walker and Sandra & Brian Josyfon

### Birthdays—Mazal Tov to:

Maisie Sorrell	Joe Khodari
Alexandra Lindsay	Amy Moosah
Katy Phillips	Ilan Weil
Michelle Cedar	Jonathan Faiman
Andrew Soning	Rica Newmark
Michael Harris	Graham West
Paul Faiman	Adrienne Mundy
John Joseph	Helena Abram
Isaac Salem	Joseph Gordon
Annie Davis	Anne Davis

### Wedding Anniversary— Mazal Tov to:

Valerie & Graham West

### Refuah Shelemah

B.A.	Asher Mordecai ben Shifra
Nat Winsor	Baruch Pinchas ben Zissel
	Noach ben Miriam
	Chaya
Raphael Etesami	Raphael ben Michal
Caroline Buchler	Miriam bat Sara
	Shira bat Leah

### **Next Shabbat - Yitro**

13th—14th February 2009

Commences 4.57pm Mincha & Kabbalat Shabbat 5.00pm

**Friday 6th February**

7.30 am Shacharit followed by breakfast & Haftarah Shiur by Bernard Silver  
4.45pm Mincha, Kabbalat Shabbat & D'var Torah by Rabbi Lionel Rosenfeld

**Shabbat 7th February**

8.45 am Shiur with Alan Goldberg  
9.15 am Shacharit,  
4.45 pm Mincha, Seudah Shlishit, & D'var Torah by Rabbi Lionel Rosenfeld  
5.49 pm Ma'ariv & Havdalah

**Sunday 8th February**

8.30 am Shacharit followed by breakfast and Thought for the Day by Alan Goldberg  
**Half Term** Cheder Age 4 – 12 years. Contact Batsheva Burns for further information on 0796 88 555 96 or email cheder.marblearch@gmail.com

**Monday 9th February**

7.30 am Shacharit followed by breakfast & D'var Torah by Michael Milston  
10.30am Ladies' Shiur with Rabbi Lionel Rosenfeld

**Tuesday 10th February**

7.30 am Shacharit followed by breakfast & Shiur by Rabbi Yosef Vogel

**Wednesday 11th February**

7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

**Thursday 12th February**

7.30 am Shacharit followed by breakfast & D'var Torah by Bernard Silver

**Friday 6th February**

7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

**Mincha & Ma'ariv through the week**  
**Sun 8th —Thursday 12th February 2009 4.45pm**  
**Security Rota**  
Victor Lee. David Sorani.

You can contact Rabbi Lionel & Natalie Rosenfeld at rabbilr@marblearch.org.uk  
Tel: 020 7535 0458, mobile: 07811202244

**Our Website: For details of times of services and future events, go to**  
**www.marblearch.org.uk**

**FOR YOUR INFORMATION**

**Rabbi Rosenfeld's Parsha Shiur for Ladies**

Next Shiur Monday 9th February 10.30am (also discussing Rabbi Asherov's Kabbalah lecture).

**Rabbi Rosenfeld's GCSE—Judaism Class**

Every Thursday at 6.00pm

**New Committees**

Please contact Linda Sharpe to join one of our new Committees for the 35—50 year olds or the 50—65 year olds. This exciting new venture has been initiated by Linda Sharpe, Ruth Rouach and Frances Goldberg. We are looking for people to help organise either of these committees, or if you have ideas for events. Please contact Linda on 0207 289 1825, as soon as possible as we would

**Yoga & Pilates Classes**

Carol Barnett, who is a fully trained yoga and pilates teacher, has expressed an offer to take classes, maybe on a Monday evening. Would those interested please contact her on carolbyoga@hotmail.com or 07956557448

**Shabbat Morning 14th February. Address by Ben Apfel a member of the IDF**

Don't miss the address by this dynamic and very brave young man who has just returned from Israel

**Please make a note now in your diary:**

**Monday 16th February 2009 at 7.45pm**

**Lecture by Anne Webber Co-chair Commission for Looted Art**

The Commission for Looted Art in Europe (CLAE) is an international expert and non-profit representative body which researches, identifies and recovers looted property on behalf of families, communities and institutions worldwide. Since it was set up in 1999 CLAE has been instrumental in achieving the restitution of over 3,000 Nazi looted objects. Anne Webber is founder and co-chair of the Commission for Looted Art in Europe. **A documentary filmmaker at the BBC, she became chair of Jewish Book Week in 2002 and is now President.**

It would greatly assist if for this, and other cultural functions, members could indicate to Marion Reichwald at marion@reichwald.me.uk if they are able to attend.

**Tuesday 10th March 2009 at 2.00—5.00pm**

**The Archers Western Marble Arch's New Senior Group Present A Purim Party with Special Guest Lady Jakobovits**

Join us together with Lady Jakobovits for an afternoon of Klezmer and popular music featuring the Claudio Allodei Trio. Refreshment & Afternoon tea.

**Tuesday 14th April Dedication of Ambulance in honour of Sonia & Malcolm Howard z"l**

The ambulance dedication service will take place at 10.30am at Tel Aviv Magen David Adom Station

