

5th Tishri 5769/4th October 2008

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Rev. Moshe Dubiner

## Parshat Vayelech Shabbat Shuva

	Hertz	Cohen	Stone	Gutnick		
	887	1149	1094	1328		

Sedra	887	1149	1094	1328		Shabbat	6.19pm
Haftarah	891	1155	1204	1482		Shabbat ends	7.18pm



The Ten Days of Repentance begin with Rosh Hashanah and end with Yom Kippur. Jews of all observance levels and backgrounds use this time for evaluating their lives, considering what changes are necessary, and for overall introspection. While we all hope to be inscribed in the Book of Life at the end of these days, we must still consider ourselves "beinonim" - "in-betweeners," neither entirely righteous nor entirely sinful. The Ten Days really are quite significant: We add prayers to the regular service, we make resolutions, and we try to improve ourselves. However, we must not get caught up in the fact that the Ten Days are only ten days. If we have shares on the stock market, don't we check up on them more than one week a year? (At the moment the checking-up begins early morning and seemingly never ends!) No, this is a long-term investment and must be seen as such. Even though only 2.8% of the year has been designated as Days of Repentance, we would all benefit from carrying this mindset with us the rest of the year as well.

Everybody knows that nobody is perfect. That is why G-d gave us these ten special days. Knowing that we are not perfect, He gave us these few days to remind us that we must strive to improve. We all have work to do in terms of becoming better people, which is really what G-d wants from us as Jews. Who we are today might be beyond our control, but who we will become is entirely within it.

Introspection is something that every Jew, every person could benefit from, if done on a regular basis: when the market is open, you should be checking your stock. Fortunately, we have ten special days on which the market is open just for us. It is investment that we all must make, and it is up to each one of us as to how much or how little we benefit. In this case, notwithstanding the buffeting financial winds around us, we are guaranteed hefty returns for minimal investment in a risk-free stock. Can your broker promise that?

*From an idea by Noah Hartman- in acknowledgment*

*Shabbat Shalom*

## Next Shabbat - Haazinu

10th—11th October 2008

Commences 6.04pm Mincha &amp; Kabbalat Shabbat 6.00pm

## Announcements

*The whole community wishes a hearty Mazal Tov to Paul Faiman on being appointed an Honorary Life President of Western Marble Arch Synagogue*

### Kiddush Sponsor

Michael Ziff & family invite the congregation to Kiddush in the Bloomstein Hall to celebrate New Year 5769.

### Breakfast Sponsor

Breakfasts this week are sponsored by Rosemary & Paul Faiman

### Bar Mitzvah

Mazal Tov to Samuel Goodman on his recent Bar Mitzvah in Italy when he Leyned the whole Sedra and to his father Michael Goodman and grandparents Mina & Everard Goodman.

### Birth Announcement

Mazal Tov to Victoria & Oded Loulay on the birth of a daughter

### Birthdays—Mazal Tov to:

Tatiana Green	Tobias Green
James Green	Danny Sint
Annabelle Sorrel	Lisa Ronson
Janet Rapp	David Coffe
Howard Richenberg	Brian Cooper
Sonia Shalam	Bernard Silver
Martin Green	Leonard Kaye
Salome Bloom	Jarvis Astaire
Zena Lieber	Helen Myers

### Wedding Anniversary—Mazal Tov

Adena & Daniel Conway  
Vivienne & Andrew Levene  
Melanie & Laurence Davis  
Rebecca & Simon Silver  
Helen & Leonard Roodyn

### Refuah Shelemah

Raphael Etesami	Raphael ben Michal
Stewart Cohen	Shimmon Shaul Ben Rifka
Seymour Freed	Shmuel Zeev ben Sara Rivka
B.A	Baruch Pinchas

**Friday 3rd October**

- 7.00 am Selichot & Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau  
6.00pm Mincha, Kabbalat Shabbat & D'var Torah by Rabbi Lionel Rosenfeld

**Shabbat 4th October**

- 8.45 am Shiur with Ervin Landau  
9.15 am Shacharit  
11.00 am After Service (approx:) Presentation to Paul Faiman followed by Rabbi Rosenfeld's Shabbat Shuva Derasha and Kiddush  
6.15pm Mincha, followed by Seudah Shlishit, & D'var Torah by Rabbi Lionel Rosenfeld  
7.18 pm Maariv & Havdalah

**Sunday 5th October**

- 8.10 am Selichot & Shacharit followed by breakfast and Thought for the Day by Alan Goldberg  
10.00 am **Cheder Age 4 – 12 years.** Contact Batsheva Burns for further information on 0796 88 555 96 or email cheder.marblearch@gmail.com

**Monday 6th October**

- 7.00 am Selichot & Shacharit followed by breakfast & D'var Torah by Michael Milston  
10.30 am Shiur by Rabbi Rosenfeld— Understanding the Yom Kippur Service

**Tuesday 7th October—**

- 7.00 am Selichot & Shacharit followed by breakfast & Shiur by Rabbi Yosef Vogel

**Wednesday 8th October —Erev Yom Kipper**

- 7.15 am Selichot & Shacharit followed by breakfast and Parsha Shiur by Ervin Landau  
2.00 pm Mincha  
6.08 pm Candlelighting & Hafsaka  
6.30pm Kol Nidrei

**Thursday 9th October—Yom Kippur**

- 9.00 am Shacharit  
12 noon Yizkor  
Children's & Teens Services  
12.30pm Sermon by the Chief Rabbi  
3.15 pm Question & Answer Session led by the Chief Rabbi  
4.00 pm Mincha  
5.15 pm Sermon by the Chief Rabbi  
5.30 pm Ne'ilah  
7.07 pm Fast ends—Maariv, Havdalah, Shofar

**Friday 10th October**

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

**Mincha & Ma'ariv**

**Sun 5th - Tues 7th October 5.15 pm**

**FOR YOUR INFORMATION**

**A warm welcome to Chief Rabbi Sir Jonathan & Lady Sacks and Family and to the High Holyday Choir who will be with us on Yom Kippur**

**Apologies**

To Stewart Cohen for the error in the Shonah Tovah Magazine where he was wrongly named "Stanley".

**Bat Mitzvah Class**

Rabbi Rosenfeld's class for girls preparing for Bat Mitzvah will be held this Monday, October 6th, at 5.00pm

**GCSE Classes**

Rabbi Rosenfeld has offered to teach a GCSE course in Judaism for post Bar and Bat Mitzvah teenagers, to be held after school one day a week. To date he has received only 3 applications to join this class. To make this viable he would like more interest to be shown.

Please contact him at rabbilr@marblearch.org.uk or by phone

**JACS—Jewish Adult Cultural Society**

As part of our programme, we are setting up a JACS group at Marble Arch.

Are you.....Interested....55 plus...

Call or email the office for further details, office@marblearch.org.uk or 020 7723 9333

**Temporary Seats**

Please contact the Synagogue Office to order your extra seats for family and friends for the Chagim

**Arba Minim**

**Order your Arba Minim NOW.**

Contact Jennie Raperport in the Synagogue Office

**Haftarah**

Would anyone wishing to read the Haftarah on Shabbat, eg on the anniversary of their Bar Mitzvah, to mark a special occasion or for any other reason, please contact the Honorary Officers as we wish to involve as many people as possible. Rabbi Rosenfeld will be delighted to help anyone who needs to brush up' his Haftarah reading ability. Please contact him by phone.

**Yadgaroff Library**

The Yadgaroff Library is open every day for those wishing to study or browse the fine selection of books.

**Our Rabbi**

You can contact Rabbi Lionel & Natalie Rosenfeld at rabbilr@marblearch.org.uk  
Phone: 020 7535 0458 mobile: 07811202244

**Our Website:**

[www.marblearch.org.uk](http://www.marblearch.org.uk)