

18th Sivan 5768/21st June 2008

Minister: Rabbi Lionel Rosenfeld

Emeritus Chazan: Rev. Moshe Dubiner

Parshat Shelach

Hertz Cohen Stone Gutnick

Sedra	623	860	798	940
Haftarah	635	875	1184	1451



Shabbat 9.07pm
 Havdalah 10.28pm
 (Shabbat ends)



Why do we signify Shabbat's entry by lighting up the lights?

It is one of the most beautiful sights and experiences within the gamut of Jewish life. The lady of the house walks toward the candelabra with great anticipation, knowing that she is about to touch something otherworldly. She strikes the match, lights the candles, closes her eyes, and makes the blessing. As she finishes the blessing and begins to recite a special prayer, an overwhelming feeling of spirituality permeates her inner core. Shabbat has arrived into her open and welcoming arms.

Why do we signify Shabbat's entry by lighting up the lights? Imagine yourself going into the kitchen in the darkness of the night looking for a midnight snack. The lights are off and you cannot see anything in the room. It's so dark, you can't even find the light switch. You can't see or access that snack you desire, even though it's sitting right there. The food is ready to be eaten, but as far as you are concerned it doesn't exist, because you are steeped in darkness.

What happens when you find the switch and turn on the lights? A brand new room, midnight snack included, emerges. Our Sages refer to the physical world as darkness. Spirituality is present in the world around us but it can be very difficult to find. All too often we're in a dark room. On Shabbat we turn on the lights and see the spiritual dimension that has always been there.

When we light candles welcoming the Shabbat, the spiritual light of the world turns on. Now we can see what we truly yearn for -- holiness, meaning, and sanctity.

When we light the Shabbat candles, we turn on the lights of our soul and spirituality becomes clear. We feel God's presence and His involvement in our lives with the appearance of the Shabbat Queen.

On Shabbat, we don't merely physically rest. We take a mental break from our busy and stressful workweek. We increase our serenity; our prayers, our song, our Torah studies, and our kindness. All become energized.

With the lights on, we are inspired to live, to learn, to love. We spend time with our children, our families, the most important people in our lives.

With the lights on, we realize that there's no such thing as 'not having time for something important' -- we must make the time. We all make time for things we recognize as being crucial. When was the last time you went without eating an entire day? We need to learn to see what are truly the crucial things in life.

On Shabbat, we internalize the idea that sometimes we're so busy driving that we don't stop for gas, and then we run out of gas and burn out the car.

On Shabbat, we rejuvenate and reconnect so we can inspire others. With the lights on, we understand that while sometimes 'it is what it is,' we have the ability to change what it is and to make it better.

On Shabbat, God always leaves the light on for us.
Rabbi Baruch Leff. Aish.

Announcements

A warm welcome to Dr. Stephen & Marion Rosenberg who are with us this Shabbat Mazal Tov to Tanya Truman on her Bat Mitzvah this Shabbat and to parents Susan & Clive and all the family.

Kiddush Sponsor

Susan & Clive Truman invite the congregation to Kiddush in the Bloomstein Hall after the service to celebrate Tanya's Bat Mitzvah.

Breakfast Sponsor

Breakfasts this week are sponsored by the Honorary Officers and Board of Management in honour of Sheila Tuchmann a respected member of our community and we wish her a Refuah Sheleimah.

Birthdays—Mazal Tov to:

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| Joseph Simon | Tanya Truman |
| Danya Goldberg | Miriam Khasidy |
| Garry Khasidy | Mark Sorrell |
| Lance Joseph | Susi Schmidt |
| Joanne Cohen | Carol Truman |
| Avril Davis | Esther Isaacs |
| Jaqueline Colover | Harold Pasha |
| Geoffrey Ognall | John Kessler |
| Pearl Cohen | Jeanette Markovitz |
| Ian Gainsford | Stanley Dessar |
| Sheila Tuchmann | Gerald Bloomberg |
| Renee Kosiner | Albert Lieberman |
| Sidney Jaque | |

Wedding Anniversaries—Mazal Tov to:

- Caroline & David Buchler
- Nicola & Harold Pasha
- Rita & Eddie Woolf
- Sharon & Geoffrey Ognall
- Ruth & Philip Cymberg
- Shirley & Anthony Spitz

Refuah Sheleimah

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|-----------------|----------------------------|
| Seymour Freed | Shmuel Zeev ben Sara Rifka |
| B.A | Baruch Pinchas ben Zissel |
| Jack Winsor | Yaacov ben Miriam Chaya |
| Alma Djanogly | Alma Shulamit bat Tovah |
| Sheila Tuchmann | Simchah bat Gala Girji |
| Fula Shear | Rafaella Chana Bat Esther |

Next Shabbat - Korach, Shabbat Mevarchin

28th—29th June 2008

Commences 9.08pm Mincha & Maariv 7.15pm

Diary Notes

**Rabbi Rosenfeld will give the Mishnah Berurah Shiur
Wed—Fri mornings at 7.00am before Shacharit**

Friday 20th June

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau
7.15pm Mincha, Kabbalat Shabbat and D'var Torah by Dr. Stephen Rosenberg

Shabbat 21st June

- 8.45 am Shiur with Dr. Stephen Rosenberg
9.15am Shacharit
10.30am Children's Service in the Brides Room
9.15 pm Mincha, followed by Seudah Shlishit & D'var Torah by Dr. Stephen Rosenberg. Subject: Jerusalem
10.28 pm Maariv & Havdalah

Sunday 22nd June

- 8.30 am Shacharit followed by breakfast and Thought for the Day by Alan Goldberg
10.00 am Cheder Age 4—12 years
Contact Debra Corney 07967 702 251
Or email cheder.marblearch@gmail.com

Monday 23rd June

- 7.30 am Shacharit followed by breakfast & Shiur by Michael Milston

Tuesday 24th June

- 7.30 am Shacharit followed by breakfast & Shiur by Rabbi Yosef Vogel

Wednesday 25th June

- 7.30 am Shacharit followed by breakfast and Parsha Shiur by Ervin Landau

Thursday 26th June

- 7.30 am Shacharit followed by breakfast & D'var Torah by Bernard Silver

Friday 27th June

- 7.30 am Shacharit followed by breakfast & Haftarah Shiur by Ervin Landau

**Mincha & Maariv through the week
Sun 22nd —Thu 26th June 7.30pm**

Security Rota

David Kaye. Clive Rayden. Anthony Yadgaroff.

Kiddush Rota

No Kiddush Rota this week

Our Rabbi

You can contact Rabbi Lionel & Natalie Rosenfeld at rabbilr@marblearch.org.uk
Phone: 020 7535 0458 mob: 07811202244

Our Website: www.marblearch.org.uk

Yadgaroff Library

The Yadgaroff Library is open every day for those wishing to study or browse the fine selection of books.

FOR YOUR INFORMATION

60th Anniversary Celebrations of the Founding of The State Of Israel

Upon the current 60th Anniversary celebrations of the founding of the State of Israel, may I suggest it is appropriate, when next in Shool, to proceed to the Memorial Board in the Vestibule, at the left side of the entrance to the Synagogue, and read the messages on the top of both sides of the Memorial Board.

On the left side, read the references to the 6,000,000 innocent victims of the Holocaust.

On the right side, read the references to the brave volunteers, who sacrificed their lives for the foundation and establishment of the State of Israel, both prior to and during the War of Independence and several wars which have followed.

When reading the prayers, please reflect and contemplate on the tragic, sad and enormous losses, which occurred, and never forget.

By Everard N. Goodman

Children's Services have commenced!

Children's services commence at 10.30am in the Bridal Suite, supervised by Meryl Cohen. We look forward to seeing your children and/or grandchildren at these services.

Shabbat 20th/21st June

We welcome Stephen Rosenberg as our Scholar in Residence. Stephen will give a D'var Torah on Friday evening, the Shiur on Shabbat morning and the D'var Torah at Seudah Shlishit.

Sunday 29th June

Cheder Annual Prize Giving at 11.00am in the Bloomstein Hall.

Sunday 29th June - Salute to Israel

Celebrate 60 years of Israel's independence! Join the first ever UK 'Salute to Israel' parade 12.00pm—2.00pm followed by a festive rally in Trafalgar Square at 2.00pm.

Monday 30th June at 10.30am

Rabbi Rosenfeld's Shiur for ladies

Sponsor a Member – Do a real Mitzvah!

We all know that over 100 members in our community require financial assistance in one form or the other because for whatever reason they have fallen on hard times and struggle to pay their membership / burial contributions. Let me give you a real example

Mr A—He is a senior citizen and attends Shul on a regular basis and joins in at all functions. He is well liked by all members. He is a widower and lives alone; he has no children, so the Synagogue is really his extended family. He's only income is a state pension. He thus struggles to pay his membership contribution and burial rights; the latter aspects does worry him a lot. We offered a free membership.

Making a donation to this fund will be a real Mitzvah and will have a major impact on the lives of our less fortunate members. Please donate whatever you can afford. Whatever amount you will donate - may we thank you in advance for your generosity